



Rolling River Day Camp

Lunch Menu 2018

As of 3/8/18
Subject to Change

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Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Delicious lunch items and snacks are prepared daily by our staff of professional culinary chefs. Campers may choose from the featured main course or select a substitute option from the list on the bottom right of the page.</p>			28 Pizza Tossed Salad with Dressing Fresh Oranges	29 Chicken Nuggets Kernel Corn Macaroni Salad Pudding
2 Grilled Cheese Potato Chips Pasta Salad Applesauce	3 BBQ Cookout Grilled Hebrew National Hot Dogs Sauerkraut, Baked Beans Watermelon	4 *No Camp* Happy 4th of July!	5 Chicken Patty Sandwich Lettuce, Tomato, Pickles, Coleslaw, Fruit	6 Pizza Tossed Salad with Dressing Fresh Oranges
9 Popcorn Chicken Peas and Carrots Sliced Peaches	10 Taco Tuesday! Lettuce, Tomato, Cheese Spanish Rice Fresh Oranges	11 Pizza Tossed Salad with Dressing Pudding	12 BBQ Cookout Hamburgers or Cheese Burgers Fries and Pickles Watermelon	13 Baked Cheese Ravioli Parmesan Cheese Breadsticks Jello
16 BBQ Cookout Grilled Hebrew National Hot Dogs Sauerkraut, Baked Beans Watermelon	17 Asian Fusion Beef/Chinese Veggies Fried Rice Fortune Cookies	18 Brunch for Lunch French Toast Sticks Syrup, Cereal, Bananas	19 Chicken & Cheese Quesadilla with all Trimmings Nachos	20 Pizza Tossed Salad with Dressing Watermelon
23 Baked Cheese Ravioli Parmesan cheese, Breadsticks Jello	24 Chicken Nuggets Kernel Corn Cole Slaw Pudding	25 BBQ Cookout Hamburgers or Cheese Burgers Fries and Pickles Watermelon	26 Pizza Tossed Salad with Dressing Peaches	27 Chicken Patty Sandwich Lettuce, Tomato, Pickles Macaroni Salad Fruit
30 Pizza Tossed Salad with Dressing Fruit	31 Popcorn Chicken Kernel Corn Cole Slaw Pudding	1 Taco Day Lettuce, Tomato Cheese, Mexican Rice Fruit	2 BBQ Cookout Grilled Hebrew National Hot Dogs Sauerkraut, Baked Beans Watermelon	3 Grilled Cheese Potato Chips Pasta Salad Apple Sauce
6 BBQ Cookout Hamburgers or Cheese Burgers Fries and Pickles Watermelon	7 Pizza Tossed Salad with Dressing Peaches	8 Asian Fusion Beef/Chinese Veggies Fried Rice Fortune Cookies	9 Brunch For Lunch Pancakes & Syrup Cereal Bananas	10 Animal Chicken Nuggets Cole Slaw Apple Sauce
13 Chicken Patty Sandwich Lettuce, Tomato, Pickles, Fruit	14 Baked Cheese Ravioli Parmesan Cheese Breadsticks Jello	15 BBQ Cookout Grilled Hebrew National Hot Dogs Sauerkraut, Baked Beans Watermelon	16 Chicken & Cheese Quesadilla with all Trimmings Nachos	17 Pizza Tossed Salad with Dressing Fruit
20 Chicken Nuggets Kernel Corn Cole Slaw Pudding	21 Pizza Tossed Salad with Dressing SURPRISE DESSERT!	Rolling River is a PEANUT-AWARE camp. All lunch meals are served with a choice of water or assorted cold beverage. Daily substitute cold lunch options include: low fat yogurt cups, tuna with low fat mayo, sliced turkey breast, American cheese sandwich, all beef bologna, kosher salami, bagel with butter, bagel with low fat cream cheese. Sandwiches are prepared with whole wheat or white bread. Special dietary needs accommodated include Kosher meals, vegetarian, vegan, gluten-free and food allergies.		